

# Ladder Safety

## Toolbox Talk



### Greetings!

As part of our ongoing Health & Safety Training program attached is the Safety Meeting Topic: Step Ladders Safety. To enhance the information provided on ladder safety, listed are OSHA Guidelines and other resources.

[Step Ladder Safety GCG TBT 2018.pdf](#)

### Answer Key:

1. B 2. B 3. D 4. A 5. A 6. A 7. A

[National Ladder Safety Month-Online Resources](#)

Stepladders are great tools and as long as they are used correctly and well maintained they can make a job safer and easier. When employees are working at a height greater than ground level, injuries resulting from falls are a concern. Use this Toolbox Talk to remind employees to take the necessary "steps" to make stepladders safe!

OSHA Stairways and Ladders Guide:

<http://www.osha.gov/Publications/osha3124.pdf>

### OSHA Standards

#### **1910.25(d)(1)(x)**

Ladders shall be inspected frequently and those which have developed defects shall be withdrawn from service for repair or destruction and tagged or marked as "Dangerous, Do Not Use."

[1910.26 - Portable metal ladders.](#)

#### **1910.26(a)(3)**

"General specifications - step ladders."

#### **1910.26(a)(3)(iii)**

The length of a stepladder is measured by the length of the front rail. To be classified as a standard length ladder, the measured length shall be within plus or minus one-half inch of the specified length. Stepladders shall not exceed 20 feet in length.

#### **1910.26(a)(3)(vii)**

The bottoms of the four rails are to be supplied with insulating non-slip material for the safety of the user.

#### **1910.26(a)(3)(viii)**

A metal spreader or locking device of sufficient size and strength to securely hold the front and back sections in the open position shall be a component of each stepladder. The spreader shall have all sharp points or edges covered or removed to protect the user.

If you have any questions about Ladders safety, or other health and safety topics please reach out to us at (800) 638-8048 Ext. 8817 or 8816.

Sincerely,  
GCG Risk Management Health and Safety Team